

## COMPETENCIES – CONTACT LENS PRACTICE

### **The ability to manage the fitting and aftercare of contact lenses**

- 1. The ability to assess the suitability of a patient for contact lens wear including the use of appropriate instrumentation**
- 2. The ability to select the most appropriate contact lens for the planned use and clinical needs of the patient, and to assess the fit of rigid and soft contact lenses.**
- 3. The ability to select the most appropriate complex lens for the planned use and clinical needs of the patient, and to assess the fit.**
- 4. The ability to instruct the patient in contact lens handling, and all aspects of lens wear including care regimes.*
- 5. The ability to assess the progress in wear of a contact lens patient**
- 6. The ability to investigate, identify and manage any aftercare issues and to be responsible for future contact lens management of a patient**
- 7. The ability to assess the accuracy of the specifications of contact lenses including the use of appropriate instrumentation*
- 8. The ability to communicate effectively with the patient and any other appropriate person involved in the care of the patient.**
- 9. The ability to comply with professional and legal requirements regarding the care of a contact lens patient.**

**THE GENERAL OPTICAL COUNCIL  
CORE COMPETENCIES  
FOR  
THE SPECIALITY OF CONTACT LENS  
PRACTICE**

The following are competencies for registration in the speciality of Contact Lens Practice as at 17 November 2004.

The GOC has placed the competencies into 2 categories for assessment purposes :

High assessment competencies – in bold  
Medium assessment competencies – in italics